

*“A nice place to stay
in—
a nice place to fly away
from...”*

Námsflokkar Reykjavíkur are the
eldest adult education center in Ice-
land, formed in 1939.

The main goal then and now is to
give citizens of Reykjavík possibilities
to get a second chance in their educa-
tion, to be able to learn as long as
they live.

We believe in education as a way to
get stronger and more powerful as
individuals—and as a part of the
society.



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*The Adult
Educational Center
of Reykjavík City*



{ www.namsflokkar.is }



Projects

The last few years Námsflokkar Reykjavíkur has seen a big increase in students having autism, Asperger, ADHD and related disorders. This need is met by teaching in small groups which

suit these students' and others needs for a calm and ensuring environment.



Our motto is: It's never too late!

The projects are various and different, ranging from projects for young people to projects for adults up to 50/60 years or older. The projects are described on the next pages.



The students are attended to individually

Starfskraftur / The Power of Work

The target group is aged 16–19 years. The duration of the project is 14–16 weeks. The project is executed in collaboration with the Department of Welfare of Reykjavík and the Minister of Education and Culture. This project is designed for young people who are not interested in academic learning and don't have a vocational history. This project is supposed to increase the participants self esteem, to inform them about the rights and obligations of the labor market and to give them field working experience, after they have received counselling and taken interest inventories. The group contains no more than 12.

Námskraftur / The Power of Studying

Námskraftur is designed specially for young people aged 16–24. What's unique about this project is that it combines the first modules of the secondary school in arts and manual subjects, philosophy and mathematics, along with intensive educational and vocational guidance and counselling. There are not more than 15 students per group.

Other groups:

Kvennasmiðja and Karlasmíðja.

There are several kinds of groups in Námsflokkar Reykjavíkur. The education they get is over a period of 9–18 months.

The groups are a part of a way to help people to reconstruct their lives through education. In these groups are former addicts, women and men who have not been able to study or work, and who need assistance to be active members of the society.

The education we provide is “colorful”: Mathematics, reading, writing, languages (Danish, English, Spanish...), philosophy, drama, music, painting, sewing, making jewelry of silver, cooking, dancing, climbing, growing vegetables, to get hold of their finances and most important throughout everything, to believe in themselves.

The ways to teach are several, inside and outside. We go to libraries, theatres and museums, etc., etc.

Last but not least, our students get a lot of counselling and often go to work for shorter period of time as part of their education.